

The logo for TUSLA, featuring the word 'TUSLA' in a stylized font with a green 'T' and 'S', and blue 'U', 'L', and 'A'.

**TUSLA**

An Ghníomhaireacht um  
Leanaí agus an Teaghlach  
Child and Family Agency

# TEN

things you  
could do today!

- 1 Enjoy some exercise with [Joe Wicks](#)
- 2 Story time yoga with [Cosmic Kids](#)
- 3 Sing a silly song and more with [speech activities](#)
- 4 Dry Swimming and more with [sensory activities](#)
- 5 Take a quiz – on anything with [National Geographic](#)
- 6 Play outdoor bingo [here](#)
- 7 Try to [cook](#) or [bake](#) a new recipe
- 8 Listen to a story with [storynory](#)
- 9 Grow your own peas with Innocent [Big grow](#)
- 10 Visit zoos around the world!
  - \* [Dublin](#)
  - \* [San Diego](#)
  - \* [Australia](#)
  - \* [Monterey Bay Aquarium](#)

