



TÚSLA

An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency



Springboard Family Support Project



Email or contact us on
springboard.cork@tusla.ie
021 4304796.

www.tusla.ie

16 Cushing Road, Farranree, Cork T23H2CA

20 Fairfield Meadows, Fairhill, Cork T23R9HV

Link Point, Harbourview Road, Knocknaheeny, Cork T23YPT7

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Family Support

Our family support service is a home based service. Our staff work to increase families' capacity for self-sufficiency in building on strengths, improving family relationships, enhancing life skills and strengthening community linkages.

Household Management

We focus on supporting families with planning and management of household challenges such as home management, boundaries, routines, housing, social welfare applications, form filling and signposting to relevant services.

Springboard counselling and psychotherapy service:

provides free individual therapy to Parents/guardians of children living in the area.

Meitheal

Our staff are trained lead practitioners, they can tell you what Meitheal involves and also act as lead practitioner.

Individual Work

We deliver personal individual work for children/ young people/parents targeted according to their need. This can be a self-referral or an agency can refer on the families behalf.

Traveller support

In person or telephone support to see what you need and how we can help.

Help to access local services such as health appointments/ form filling/advocacy/ school engagement/ family support.

The POD

Weekly interventions and activities for children and families experiencing homelessness or affected by homelessness.

Programmes

The service delivers the following programmes in home and in a group setting:

Parents Plus Children's Programme (6 - 11yrs)

Parents Plus Teen Programme (12 - 17yrs)

Parenting When separated Programme

Roots of Empathy programme.

Healthy Families.

Just for Dads.

NVR groups & 1:1 home based work.



www.tusla.ie

Collaborative work with

Firoige/ Meitheal/Barnardos TLC Kidz/ Lets Grow Together.