

**Emergency Services: 999 or 112**

**Gardai:**

**Sligo: 071 91 57000**

**Carrick on Shannon: 071 96 50510**

**Tusla Child & Family Agency:**

**Sligo: 071 91 55133**

**Carrick on Shannon: 071 96 57800**

If you are concerned about addiction in respect of yourself, your child, family member or friend, then please do not hesitate to contact your general practitioner and/or addiction services.

This resource was created by the Addiction Subgroup, Child & Family Support Network Sligo Leitrim in coordination with Prevention Partnership & Family Support, Tusla.

# **Addiction Support Services**

**IN COUNTIES SLIGO & LEITRIM**



***Get Help, Advice & Support***

**ALL SERVICES ARE FREE AND CONFIDENTIAL**

## Addiction Services for Children Aged 10 - 18 Years:

Youth Drug & Alcohol Education & Prevention Project: **086 8322473**

HSE Alcohol & Substance Misuse Counselling Service: **071 91 16320**

## Addiction Services for Adults:

Addiction Counselling: **086 0295031**

Assertive Outreach:  
**087 7010520 / 086 0595586**

Gambling Support:  
**071 96 63000 / 086 0597441**

HSE Alcohol & Substance Misuse Counselling: **071 91 16320**

5 Step Programme:  
**071 91 50578 / 085 8759313**

North West Regional Drug & Alcohol Task Force: **087 1380710 / 087 1617486 / 087 0007727**

Sligo Community Alcohol & Drugs Service:  
**087 7878355 / 087 2208602**

Sligo Social Services Substance Misuse Support: **071 91 45682 / 085 8030131**

SMART Recovery (online service only):  
**info@smartrecovery.ie**

## Addiction Services for both Adults & Children:

Family Addiction Support:  
**087 7148004 / 086 0595586**

Moving Parents and Children Together (M-PACT): **071 91 50578 / 085 8759313**

## National Support Services:

Alcoholics Anonymous: **01 8420700**  
**gso@alcoholicsanonymous.ie**

AL-Anon Ireland: **01 8732699**  
**www.alanon.ie**

Childline: **1800 666 666**  
**www.childline.ie**

Gamblers Anonymous Ireland: **01 8721133**  
**info@gamblersanonymous.ie**

HSE Drugs & Alcohol Helpline: **1800 459 459**  
**helpline@hse.ie**

HSE National Helpline: **1850 241 850**  
**helpline@hse.ie**

Narcotics Anonymous: **01 6728000**  
**info@na-ireland.org**

Teenline Ireland: **01 6767960**  
**www.ispcc.ie**