

Pensions Department Contact List

Personnel Numbers beginning with the following digits	Area Office	Phone Number	E-Mail Address
80	South-West (Cork)	021 - 4923737 021 – 4923759 021 – 4923643 021 - 4923742	Pensions.south@hse.ie
70	West (Galway)	091 – 775487	Pensions.west@hse.ie
53	Mid-West (Limerick)	061 461386	Pensions.limerick@hse.ie
29 30	East	01 - 8817170	superann@hse.ie
63	Midlands (Tullamore)		Pensions.tullamore@hse.ie
81 86 89	South- East (Kilkenny)	056 – 7785548 056 - 7785652	pensionsoutheast@hse.ie
40	North-East (Kells)		Pensions.dne@hse.ie
22	North -West	071-9820447	pensionhelpdesk@hse.ie