



An Ghníomhaireacht um  
Leanaí agus an Teaghlach  
Child and Family Agency

## Tusla's Health, Wellbeing and EAP Department



Tusla's Health and Wellbeing Department have a range of self-help information leaflets available for download from the staff section of [www.tusla.ie](http://www.tusla.ie) and on Tusla sharepoint.

Find out more at [www.tusla.ie](http://www.tusla.ie), email: [eap@tusla.ie](mailto:eap@tusla.ie) or phone: 086 143 8390