

# **Alternative Care - Inspection and Monitoring Service**

#### **Children's Residential Centre**

Centre ID number: 037

Year: 2022 (2)

# **Inspection Report**

Year:	2022
Name of Organisation:	Daffodil Care Services
Registered Capacity:	Four young people
Type of Inspection:	Announced inspection
Date of inspection:	22 <sup>nd</sup> and 23 <sup>rd</sup> June 2022
Registration Status:	Registered from the 16 <sup>th</sup> September 2022 to the 16 <sup>th</sup> September 2025
<b>Inspection Team:</b>	Michael McGuigan Anne McEvoy
Date Report Issued:	23 <sup>rd</sup> September 2022

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## 1. Information about the inspection process

The Alternative Care Inspection and Monitoring Service is one of the regulatory services within Children's Service Regulation which is a sub directorate of the Quality and Regulation Directorate within TUSLA, the Child and Family Agency.

The Child Care (Standards in Children's Residential Centres) Regulations, 1996 provide the regulatory framework against which registration decisions are primarily made. The National Standards for Children's Residential Centres, 2018 (HIQA) provide the framework against which inspections are carried out and provide the criteria against which centres' structures and care practices are examined.

During inspection, inspectors use the standards to inform their judgement on compliance with relevant regulations. Inspections will be carried out against specific themes and may be announced or unannounced. Three categories are used to describe how standards are complied with. These are as follows:

- Met: means that no action is required as the service/centre has fully met the standard and is in full compliance with the relevant regulation where applicable.
- **Met in some respect only:** means that some action is required by the service/centre to fully meet a standard.
- Not met: means that substantial action is required by the service/centre to
  fully meet a standard or to comply with the relevant regulation where
  applicable.

Inspectors will also make a determination on whether the centre is in compliance with the Child Care (Standards in Children's Residential Centres) Regulations, 1996. Determinations are as follows:

- **Regulation met:** the registered provider or person in charge has complied in full with the requirements of the relevant regulation and standard.
- Regulation not met: the registered provider or person in charge has not
  complied in full with the requirements of the relevant regulations and
  standards and substantial action is required in order to come into
  compliance.



#### **National Standards Framework**



## 1.1 Centre Description

This inspection report sets out the findings of an inspection carried out to determine the on-going regulatory compliance of this centre with the standards and regulations and the operation of the centre in line with its registration. The centre was granted its first registration on the 16<sup>th</sup> September 2010. At the time of this inspection the centre was in its fourth registration and in year three of the cycle. The centre was registered without attached conditions from 16<sup>th</sup> September 2019 to the 16<sup>th</sup> September 2022.

The service was registered as a multi-occupancy centre that could accommodate four young people of both genders from age thirteen to seventeen on admission. The centre's model of care was based on a systemic therapeutic engagement model (STEM) and provides a framework for positive interventions. STEM draws on a number of complementary philosophies and approaches including circle of courage, response ability pathways, therapeutic crisis intervention and daily life events. There were three young people living in the centre at the time of the inspection.

### 1.2 Methodology

The inspector examined the following themes and standards:

Theme	Standard
3: Safe Care and Support	Standard 3.2 only
5: Leadership, Governance and Management	Standard 5.2 only
6: Responsive Workforce	Standard 6.1 only

Inspectors look closely at the experiences and progress of children. They considered the quality of work and the differences made to the lives of children. They reviewed documentation, examined how professional staff work with children and each other and discussed the effectiveness of the care provided. Where required they conducted interviews with the relevant persons including senior management and staff, the allocated social workers, and other relevant professionals. Wherever possible, inspectors will consult with children and parents. In addition, the inspectors try to determine what the centre knows about how well it is performing, how well it is doing and what improvements it can make.

Statements contained under each heading in this report are derived from collated evidence. The inspectors would like to acknowledge the full co-operation of all those concerned with this centre and thank the young people, staff, and management for their assistance throughout the inspection process.



## 2. Findings with regard to registration matters

A draft inspection report was issued to the registered provider, senior management, centre manager and relevant social work departments on 20<sup>th</sup> July 2022. The registered provider was required to submit both the corrective and preventive actions (CAPA) to the inspection and monitoring service to ensure that any identified shortfalls were comprehensively addressed. The suitability and approval of the CAPA was used to inform the registration decision. The centre manager returned the report with a CAPA on 28<sup>th</sup> July 2022. This was deemed to be satisfactory and the inspection service received evidence of the issues addressed.

During the inspection the centre was found not to be compliant with the requirements of the Child Care (Standards in Children's Residential Centres) Regulations, 1996, Part III, Article 7: Staffing. However, subsequent to the inspection evidence was submitted to demonstrate that the centre had come into compliance and further staff had been recruited.

As such, the findings of this report and assessment of the submitted CAPA deem the centre to be continuing to operate in adherence with regulatory frameworks and standards in line with its registration. It is the decision of the Child and Family Agency to register this centre, ID Number: 037 without attached conditions the from 16<sup>th</sup> September 2022 to 16<sup>th</sup> September 2025 pursuant to Part VIII of the Child Care Act, 1991.

## 3. Inspection Findings

Regulation 5: Care practices and operational policies Regulation 16: Notification of Significant Events

Theme 3: Safe Care and Support

Standard 3.2 Each child experiences care and support that promotes positive behaviour.

The organisation had policies in place that supported a positive approach to the management of behaviour that challenges, and these were underpinned by the organisation's model of care. Inspectors were informed that training in this model of care had recently been restructured and was more comprehensive. Staff members were provided with an introduction to the model of care on induction and then were scheduled to attend eight separate training modules. These modules were standalone and could be accessed in any order with one module being offered each month. There was also an agreement in place that the delivery of the model of care would be certified by a third level institute. However, inspectors found that while the structure of training in the model of care was quite good, there were delays in staff members accessing this training. In some instances, there were significant delays in staff completing their first training module. It is essential that new staff begin training in the model of care as quickly as possible. The regional manager must ensure that newly recruited staff access modules on the model of care when they begin employment in the centre and there is no delay in this.

Each centre had a leader in the model of care who supported staff to utilise these skills and ensure that care records contained associated language. Further, there was evidence that the implementation of the model of care was reviewed and discussed regularly at team meetings. There was also a monthly regional forum that discussed the model of care in the centre and feedback was provided to staff on this.

The staff in the centre were also trained in a recognised model of behaviour management and there were individual crisis support plans in place. While these support plans were detailed, they did not address the fact that a number of staff were not certified to carry out any form of physical intervention. While there was a low probability that physical intervention would be required in the centre, this must still be risk assessed and planned for by centre managers. Inspectors found that



individual absence management plans were in place for young people and work was set out in placement plans on supporting the behaviours of young people.

During interview with one young person they spoke very highly of the staff team and the care being provided. They stated that there were staff that they could speak to and had relationships with and that they felt listened to and valued. The social workers that were interviewed also spoke very highly of the staff team, their ability to build relationships and their commitment to the young people living in the centre. Inspectors found that there was not an over-reliance on sanctions or consequences to manage challenging behaviours. However, it was clear that some sanctions for young people were ineffective and not related to behaviours. The centre manager must review the application of sanctions to ensure that they are effective. Inspectors also found that the sanctions log did not contain accurate information and should be reviewed and updated where required.

There was evidence that external managers were reviewing significant event notifications in the centre and visited regularly to meet with staff and young people. The organisation also had a significant event review group to support learning and critical incident reviews could be convened where necessary.

Inspectors found that the centre only had six full time staff. This was not enough full-time staff to cover the roster and to support the effective management of challenging behaviours in the centre. Inspectors acknowledge that there is ongoing recruitment within the organisation, however, staffing levels must be addressed as a matter of urgency by the registered provider. This issue is discussed further under standard 6.1 in this report.

Inspectors found evidence that specialist external supports were sought and provided to young people and that staff also had access to specialist advice. It was clear that staff had a knowledge and understanding of the underlying causes of behaviour and situations that may lead to behaviour that challenges and could identify these where necessary. Further, there was written evidence that key working was being undertaken to support young people in developing their understanding of their behaviours and the rights of others.

However, inspectors noted that at times the group dynamic between the young people was strained and that a management strategy was in place that included separate plans for each of the young people. Inspectors recommend that a multidisciplinary meeting is held that includes the social workers for young people to



review this plan as keeping the young people separate is not sustainable long term. During interviews with staff members, they stated that they felt 'burnt out' and that they did not have the necessary skills to care for one young person.

There were arrangements in place for a person external to the centre to audit and monitor the centre's approach to the management of behaviours that challenge. An audit had recently been conducted in the centre in this respect and an action plan had been created. There was evidence that the regional manager had reviewed the SEN log and the organisation also held a regular significant event review group.

Inspectors found that there was limited use of restrictive practices in the centre, but where these were used they were reviewed and monitored on an ongoing basis.

Restrictive practices were a standing item on the staff team meeting agenda and were reviewed every two weeks.

Compliance with regulations		
Regulation met	Regulation 5	
Regulation 16		
Regulation not met	None identified	

Compliance with standards		
Practices met the required standard	Not all standards under this theme were assessed	
Practices met the required standard in some respects only	Standard 3.2	
Practices did not meet the required standard	Not all standards under this theme were assessed	

#### **Actions required**

- The regional manager must ensure that newly recruited staff access modules
  on the model of care when they begin employment in the centre and there is
  no delay in this.
- The centre manager must update the ICSPs for young people to ensure they reflect deficits in training and certification in physical interventions.
- The centre manager must create a risk assessment that address the deficits in training in physical intervention for team members.



# Regulation 5: Care Practices and Operational Policies Regulation 6: Person in Charge

#### Theme 5: Leadership, Governance and Management

Standard 5.2 The registered provider ensures that the residential centre has effective leadership, governance and management arrangements in place with clear lines of accountability to deliver child-centred, safe and effective care and support.

This centre had a full-time manager who was suitably qualified and experienced. This person was accountable and responsible for the overall delivery of the service. They were supported in their management function by a deputy manager and three social care leaders. This internal management structure was appropriate to the size and purpose and function of the centre. Inspectors found there were clear lines of accountability within the centre and within the organisation.

Inspectors noted that there had been improvements in the governance structures within the region since the last inspection. Themed audits against the National Standards for Children's Residential Centres, 2018 (HIQA) were being conducted by external managers and the centre manager also produced regular reports on the operation of the centre and the care being provided there. The regional manager produced regular monitoring reports that accounted for their oversight of the centre and the work they conducted. Alongside this auditing and review there were regional meetings that the centre manager attended to discuss the care being provided. There was also evidence that senior managers had visited the centre and met with the staff and young people.

The organisation had appropriate service level agreements in place and referrals to the centre were received through Tusla's National Private Placement Team. Inspectors reviewed evidence that operational policies and procedures were regularly discussed at staff team meetings as were the model of care and the placement plans for young people.

There was a risk management framework in place in the organisation. There were also systems in place to identify, record and address risk within the centre. The centre had a risk register and an organisational risk register was also held by external managers. Inspectors reviewed the risk assessments in place and noted that some of these were not relevant and some did not appropriately score and address the risks in



the centre. A number of risk assessments that were in place were not necessary and some assessments missed what the actual risk was. These deficits had not been identified by external managers during their review of documents in the centre. The regional manager must review the risk assessments created in the centre to ensure that they appropriately capture and address risk.

Further, during interview, the staff and managers struggled to describe the risk matrix in place and how the associated scoring system worked. This system was described by staff as confusing. The regional manager must review the operation of the risk matrix and scoring system with staff and managers at a staff team meeting.

There were on-call systems in place to support staff should they require it at evenings and weekends and there were alternative management arrangements in place for when the centre manager was absent. Duties that were delegated by the centre manager were recorded and reviewed.

<b>Compliance with Regulations</b>	
Regulation met	Regulation 5 Regulation 6
Regulation not met	None Identified

Compliance with standards	
Practices met the required standard	Not all standards under this theme were assessed
Practices met the required standard in some respects only	Standard 5.2
Practices did not meet the required standard	Not all standards under this theme were assessed

#### **Actions required**

- The regional manager must review the risk assessments created in the centre to ensure that they appropriately capture and address risk.
- The regional manager must review the operation of the risk matrix and scoring system with staff and managers at a staff team meeting.



#### Regulation 6: Person in Charge

**Regulation 7: Staffing** 

#### Theme 6: Responsive Workforce

Standard 6.1 The registered provider plans, organises and manages the workforce to deliver child-centred, safe, and effective care and support.

This centre had a named person in charge who was suitably qualified and had experience working in children's residential centres. They were supported in their role by a deputy manager and three social care leaders. This centre was registered to provide care for up to four young people. The roster pattern in place was two overnights and a day shift. From an analysis of the daily logs and rosters for the six months prior to inspection, it was observed that at times there were not enough staff to fulfil the roster in place having regard to the number and needs of the children in the centre and its statement of purpose. In some instance no day shift was provided and there were only two staff available to work with the young people. Further, there were instances where staff worked back-to-back overnight shifts or stayed on to work a day shift after their overnight. This is not safe practice and should not occur, especially given the dynamics between the young people and the behaviours that were at times displayed. As noted above, some staff stated that they felt burnt out.

Inspectors were provided with a staff information sheet on the day before the inspection that listed 8 staff members that were available to work in the centre and cover the roster. However, on the day of the inspection, the centre roster was reviewed and inspectors found that there were only 6 WTE listed on this and available to the centre. This is not in keeping with the requirements of the Child Care (Standards in Children's Residential Centres) Regulations, 1996, Part III, Article 7: Staffing.

From a review of administrative files and from interviews, inspectors found that the centre was regularly undertaking workforce planning. The external managers stated that the company was recruiting in the region and that new staff were currently onboarding. As noted above, some staff stated during interview that they were not sure if they could meet the complex needs of one young person and this placement was under review.

During interviews, staff described a number of initiatives that were in place to promote staff retention and continuity. These included a forum so the voices of staff



could be heard across the organisation. However, as noted, a number of staff had recently left this centre and there were not enough staff to fulfil the roster. It is recommended that senior managers review the retention initiatives in place to ensure that staff are retained and there is continuity of care for young people. This may include a review of the staff forum and engagement on retention.

The centre had three dedicated relief staff to cover annual or other types of leave.

These staff were familiar with the young people living in the centre and their needs.

Inspectors also found that the organisation had formal procedures for on-call arrangements at evenings and weekends.

Compliance with regulations	
Regulation met	Regulation 6
Regulation not met	Regulation 7

Compliance with standards	
Practices met the required standard	Not all standards under this theme were assessed
Practices met the required standard in some respects only	Not all standards under this theme were assessed
Practices did not meet the required standard	Standard 6.1

#### **Actions required**

- The regional manager must ensure that the practice of staff working back-toback shifts ceases immediately
- The registered proprietor must ensure that the number, qualifications, experience and availability of members of the staff of the centre is adequate, having regard to the number of children residing in the centre and the nature of their needs.



# 4. CAPA

Theme	Issue Requiring Action	Corrective Action with Time Scales	Preventive Strategies To Ensure Issues Do Not Arise Again
3	The regional manager must ensure that	A training audit is completed bi-monthly	The registered provider is currently
	newly recruited staff access modules on	by the Centre Manager. STEM training is	developing an Introduction to STEM
	the model of care when they begin	recorded on this audit and identified for	course which will be made available to all
	employment in the centre and there is	staff who begin their employment in the	newly recruited staff and will provide them
	no delay in this.	centre. Centre Manager will ensure that	with an understanding of the Model of
		staff are booked onto STEM training as	Care and how it is implemented in daily
		soon as they start with the organisation	practice.
		and advise the Regional Manager if there	Regional Manager and Quality Assurance
		is any issue with training being required	Manager will continue to review training
		but not available to book.	audits and provide feedback to the centre
		Senior management are preparing an	management team. Regional Manager will
		Introduction to STEM training course to	ensure that all training required has been
		accompany the modular STEM training	scheduled for staff and if training is
		course in order to give newly appointed	required with no available course, Regional
		staff an opportunity to gain an	Manager will request a course to be
		understanding of the various elements of	scheduled.
		STEM. This will be implemented by	
		September 30 <sup>th</sup> 2022.	



	The centre manager must update the	Centre manager has updated the ICSPP's	Regional Manager will ensure that ICSPP's
	ICSPs for young people to ensure they	on 19/07/2022 for young people in the	reflect deficits in training and certification
	reflect deficits in training and	centre to ensure that they reflected deficits	in physical interventions when reviewing
	certification in physical interventions.	in training and certification in physical	monthly documentation and completing
		interventions	themed audits.
	The centre manager must create a risk	Centre Manager has created a centre risk	Centre risks will continue to be reviewed
	assessment that address the deficits in	assessment on 19.07.2022 date which	by Regional Manager and Quality
	training in physical intervention for	addresses the deficits in training in	Assurance Manager and as part of the
	team members.	physical intervention for the team.	Senior Management meetings and deficits
		This will be included in the centre's	in training will be monitored to ensure
		Monthly Centre Report which is reviewed	quality of care.
		by the Quality Assurance Manager.	
5	The regional manager must review the	Regional Manager will complete a review	Regional Manager and Quality Assurance
	risk assessments created in the centre	of all centre risk assessments to ensure	Manager will continue to review centre and
	to ensure that they appropriately	that they appropriately capture and	young person risks as part of Centre
	capture and address risk.	address risk. Feedback on this review will	Monthly Report. Centre and young
		be provided to the centre management	person's risks will continue to be discussed
		team and will be completed by 30.08.22	as part of Senior Management meetings
			and escalated where appropriate.
	The regional manager must review the	Risk matrix will be reviewed with centre	Risk matrix will be reviewed at the Senior
	operation of the risk matrix and scoring	managers and deputy managers at	Management meeting on 11.08.2022. Any
	system with staff and managers at a	regional management meeting on	changes arising will be communicated with



	staff team meeting.	09.08.2022. Risk matrix will be reviewed	all centre management teams directly and
		with Fernhaven team at team meeting on	discussed at Regional Management
		17.08.2022. Furthermore, senior	meetings. Regional Manager will ensure
		management will review the operation and	appropriate use of the risk matrix and
		scoring of the risk matrix to determine it's	scoring systems when reviewing centre and
		effectiveness as a tool. This will be	young person's risk assessments.
		completed on 11.08.2022	
6	The regional manager must ensure that	Centre Managers have been informed that	Regional Manager will continue to review
	the practice of staff working back-to-	back-to-back shifts are not permitted.	monthly rosters and provide feedback to
	back shifts ceases immediately	Where the requirement is essential and	centre management teams. Any concerns
		unavoidable, a comprehensive risk	regarding inappropriate shift patterns will
		assessment will be implemented, and	be highlighted by Regional Manager
		Regional Manager will need to approve	immediately.
		before this occurs.	
	The registered proprietor must ensure	Staffing within the centre has increased in	Staffing levels are a top priority for the
	that the number, qualifications,	recent weeks, with two new full time	registered proprietor with additional
	experience and availability of members	SCW's having onboarded since the	resources brought in to support and
	of the staff of the centre is adequate,	inspection. Regional Manager continues	enhance the recruitment department.
	having regard to the number of children	to liaise with recruitment department	Regional Manager and recruitment
	residing in the centre and the nature of	weekly regarding suitable candidates and	department will continue to conduct
	their needs.	interviews are completed promptly.	weekly meetings and address the centres
			staffing requirements.
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