

Initiatives to Support Positive Parenting in Spain

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**Working Together Towards Positive Parenting
May 25th 2017 Dublin Castle**

Positive parenting initiative

(Council of Europe's Recommendation, 2006)

- Positive parenting is defined as: *“parental behavior based on the best interest of the child that is nurturing, empowering, non-violent and provides recognition and guidance which involves setting of boundaries to enable the full development of the child”*



- Support families for positive parent-child relationships, founded on the exercise of parental responsibility to optimize the child's potential development and wellbeing.

Positive parenting: child and parent needs

- Child

- Affection
- Structuring
- Stimulation and learning opportunities
- Recognition of achievements
- Empowerment
- Free of violence

- Parent

- Information, orientation and reflection on parental models
- Time for them and for the family
- Confidence in their own capacities as parents.
- Informal and formal social support to reduce parenting stress.

Key aspects of Positive Parenting initiative

- Focus on strengthening and empowerment of parents and families by improving the ecology of parenting and promoting parental competences.
- Recognition that all parents need informal and formal support to perform their parenting task, especially those living under adverse circumstances.
- Promotion of a collaborative framework in the context of families-services partnerships.
- Implementation of evidence-based parenting programs delivered through home visiting, group and online interventions to support parents in their parenting role.

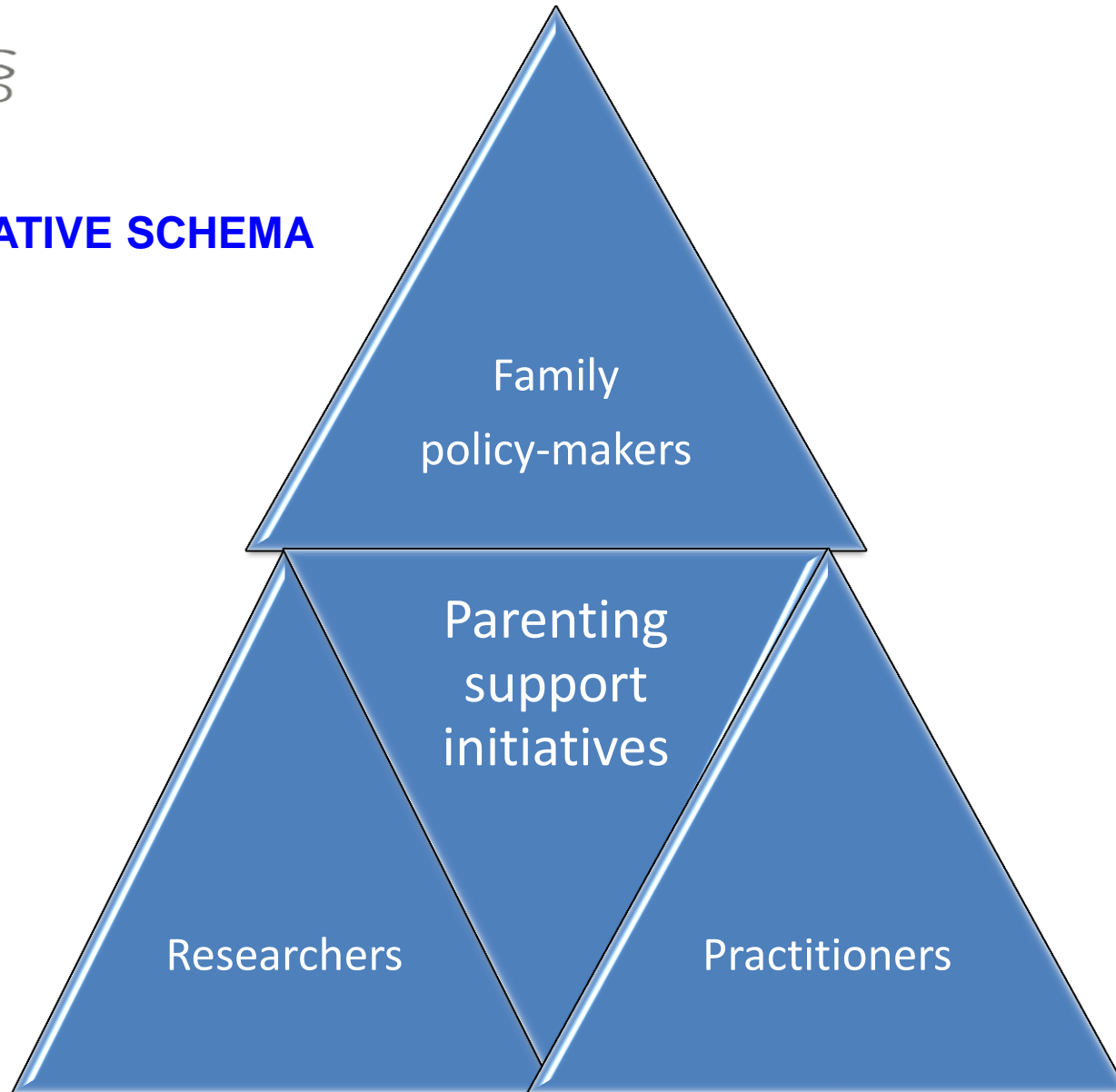
Promoting a culture of prevention

- A supportive policy and legal framework,
- Scientific evidence and research
- Coordination of multiple sectors (social, education, health, justice, culture) and levels (national, regional and municipal) involved
- Training of policymakers, coordinators and practitioners
- Commitment to provide adequate resources and to sustain the system in the long term

Partnership schema to promote positive parenting in Spain (since 2009)

- Ministry of Health, Social Services and Equality
- Federation of Municipalities and Provinces
- Consortium of eight Spanish Universities: Autónoma de Madrid, Barcelona, La Laguna, Las Palmas de Gran Canaria, Lleida, Oviedo, País Vasco, and Sevilla.
- Child Protection and Municipal Social Services
- Health Care services
- School centres
- NGOs and Bank corporations.

COLLABORATIVE SCHEMA

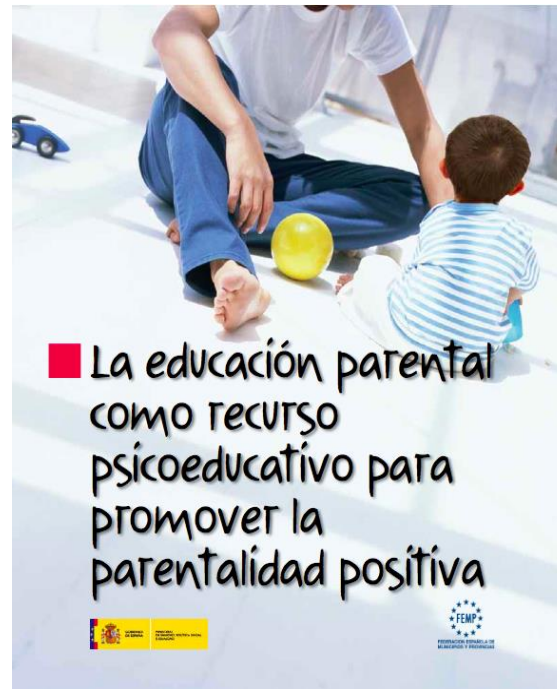


Working session



First objective: To disseminate the Positive parenting initiative among professionals (2010-2011)

- Documents, National Symposia (5th), workshops and on-line posgraduate courses for professionals.



Second objective (2012-15): To introduce evidence-based positive parenting programs at family services

- Inclusion of evidence-based approach to evaluate parenting programs (effectiveness).
- Parental support is activated as part of a universal and indicated social service network delivered through multidisciplinary teams.
- Publishing the program as a normalise (valuable) resource to support parents for non-risk and at-risk families attending together the programs.

Second objective

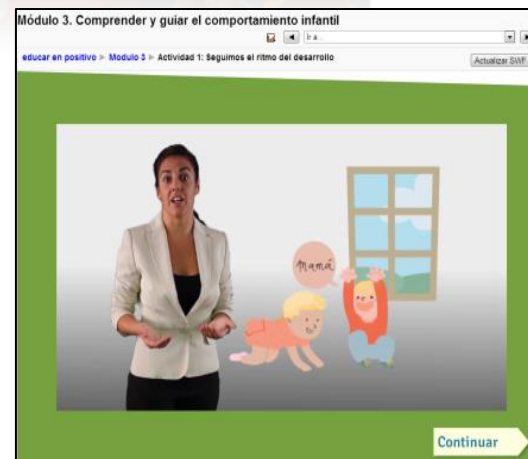
- Manualized programs
- Meeting the best conditions for program implementation adapted to each place.
- Providing intensive training to professionals and on-line support.
- Rigorous evaluation of the program across sites on family, professionals and service outcomes.
- Coordination and integration of the program into the network of social resources.

Conditions of implementation

- To have the program officially supported under a partnership schema and to be advertised properly
- To assure program fidelity and rigorous evaluation
- Careful group selection and previous work to motivate the families
- Training and continuity of the facilitators and full integration into the intervention team at the family services
- Practitioners work in collaboration with parents avoiding lecturing and dependency
- Transport facilities, refreshments and parallel activities for their children
- Cultural group activities offered along the programs

Experiential methodology

Historia 2



Program contents

- Affection bonds in the family
- Child-rearing practices
- Organization of everyday life
- Joint leisure activities
- Communication and conflicts
- Healthy peer relationships
- Coping with daily stress
- Social support
- Family-school collaboration
- Regulating the use of the Internet

NATIONAL HEALTH SYSTEM



**Online program for parents with kids from 0-3 years old
+ an online training course for professionals
+ a face-to-face version for vulnerable families**

Web estilos de vida del ministerio:
<http://www.estilosdevidasaludable.msssi.gob.es/>

Crece felices en familia

Programa de apoyo
psicoeducativo para
promover el desarrollo infantil

EQUIPO DE TRABAJO

M.^a José Rodrigo López
M.^a Luisa Márquez Chávez
Sonia Byrne
Beatriz Rodríguez Ruiz
Juan Carlos Martín Quetana
Guacimara Rodríguez Suárez
Laura Pérez Pérez

 Junta de
Castilla y León

Implemented:

Junta de Castilla y León

Junta de Castilla-La Mancha

Ayuntamiento de Lleida

Corporaciones Canarias

Mallorca

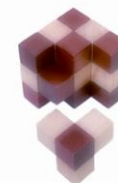
Asturias

ULL

Universidad
de La Laguna



UNIVERSIDAD DE LAS PALMAS DE GRAN CANARIA
Departamento de Educación



Hestia

Asociación para la Intervención
e Investigación Familiar,
Psicoeducativa y Social

Parents with children aged 0-5 years
Group version: 20 weekly sessions of 2
hours
Home visiting version: 8 weekly sessions
of 2 hours



Aprender
juntos, crecer
en familia



Parents with children aged 6-12 years
14 weekly sessions of two hours:
parents-children-family sessions

Implemented:

Network of NGOs, social
services, and school
centres



Vivir la adolescencia en familia

Programa de apoyo psicoeducativo para promover la convivencia familiar

M^a José Rodrigo López
Juan Carlos Martín Quintana
M^a Luisa Máiquez Chaves
Miriam Álvarez Lorenzo
Sonia Byrne
Annabel González Rodríguez
Mónica Guerra Santana
M^a Auxiliadora Montesdeoca G^a
Beatriz Rodríguez Ruiz



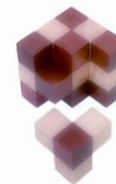
Parents with adolescents aged 12 to 18 years
20 weekly sessions of 2 hours: parents

Implemented:

Junta de Comunidades de
Castilla La Mancha
Ayuntamiento de Lleida
Corporaciones Canarias
Social services, school centres,
Community centres



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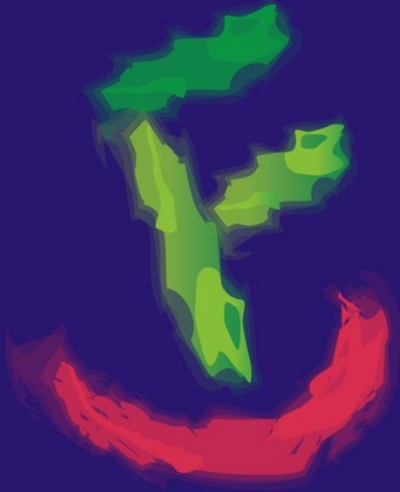


Hestia

Asociación para la Intervención
e Investigación Familiar,
Psicoeducativa y Social



CONSTRUYENDO MI FUTURO



PROGRAMA DE INTERVENCIÓN
PARA ADOLESCENTES

Implemented:

Community services; leisure programs, youth associations

Elaborado por:

- Fundación Canaria ECCA
- Universidad de La Laguna
- Universidad de Huelva



¡Un programa que conecta!

"Educar en Positivo" es un programa que conecta a padres y madres, para que compartan sus ideas, opiniones, su aprendizaje e intercambien sus experiencias.



Noticias

Los principios de la parentalidad positiva

Content Manager 24/09/2013 5



La educación es una tarea de todos y todas

Content Manager 17/09/2013 15



Balance del rinoceronte naranja. Primer mes intentando vivir sin...

Content Manager 13/09/2013 20



+Noticias

El programa

Descubre diferentes módulos educativos

¡Haz click y entérate!



Recursos para la familia



Juega con tus hijos



Herramientas para Compartir



Videos Educativos



Dialective (Diagramas Interactivos)



Dudas, inquietudes y experiencias



Agenda

Vie Sep 27 @18:00 - 08:00PM

CICLO DE FLAMENCO

Vie Sep 27 @21:00 -

IV Loft Music Festival

+Eventos

<http://educarenpositivo.es>

1600 followers in facebook and twitter
500 parents engaged in 6 training modules

Third objective (from 2016 on):

Inicio | Presentación | Parentalidad positiva | Recursos para las familias | Documentación | Contacto

familiasenpositivo.es



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Extranet
Intranet

44.100 visits
33% returns
(one year)

Novedades



Simposio
Educación y
Adolescencia

14-03-2017

La Cátedra Educación y Adolescencia organiza el Simposio Internacional de Educación y Adolescencia con el fin de que los profesionales, investigadores y estudiantes del mundo de la educación...



"No dejar atrás a ninguna niña o niño": El Consejo adopta las directrices de la UE para la promoción y protección de los

derechos de las niñas y los niños

07-03-2017

El Consejo ha adoptado las Directrices de la UE para la promoción y protección de los derechos del niño y de la niña. Esta versión de 2017 es una revisión de las directrices de 2007 de la UE.



Curso on-line de
Parentalidad
Positiva "Ganar
salud y bienestar de 0 a 3 años"

05-03-2017

El Ministerio de Sanidad, Servicios Sociales e Igualdad lleva a cabo, como parte de la Estrategia de Promoción de la Salud y Prevención en el Sistema Nacional

Monográfico

Guía de buenas prácticas en parentalidad positiva. Un recurso para apoyar la práctica profesional con familias



Últimos documentos

Educar en Positivo. Nuestro hijo es diferente, le ayudamos a crecer

[Ver recurso](#)

Felicidades Padre Positivo

[Ver recurso](#)

Programa «¿CUÁNTO TIEMPO TIENES PARA MÍ?»

[Ver recurso](#)

Cómo las familias pueden favorecer el uso responsable de las redes sociales e internet

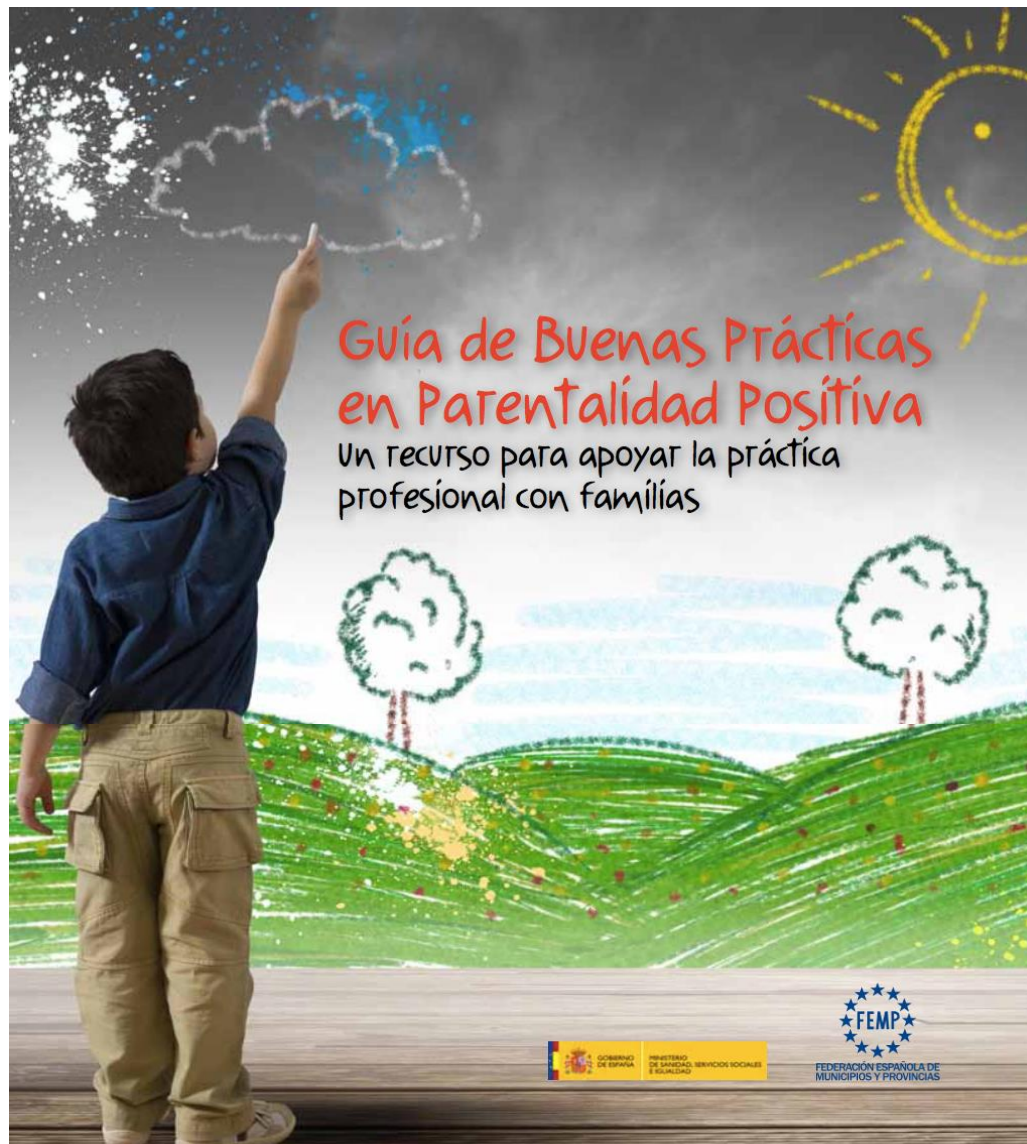
Ciberexpert@ es un programa creado por la Policía Nacional, con el apoyo de Telefónica y la colaboración de la Fundación Cibervoluntarios, que nace con el objetivo de aportar una mejor educación digital a las familias.



- Más información sobre otros recursos prácticos

Mediateca





Guide of Best Practices in Positive Parenting

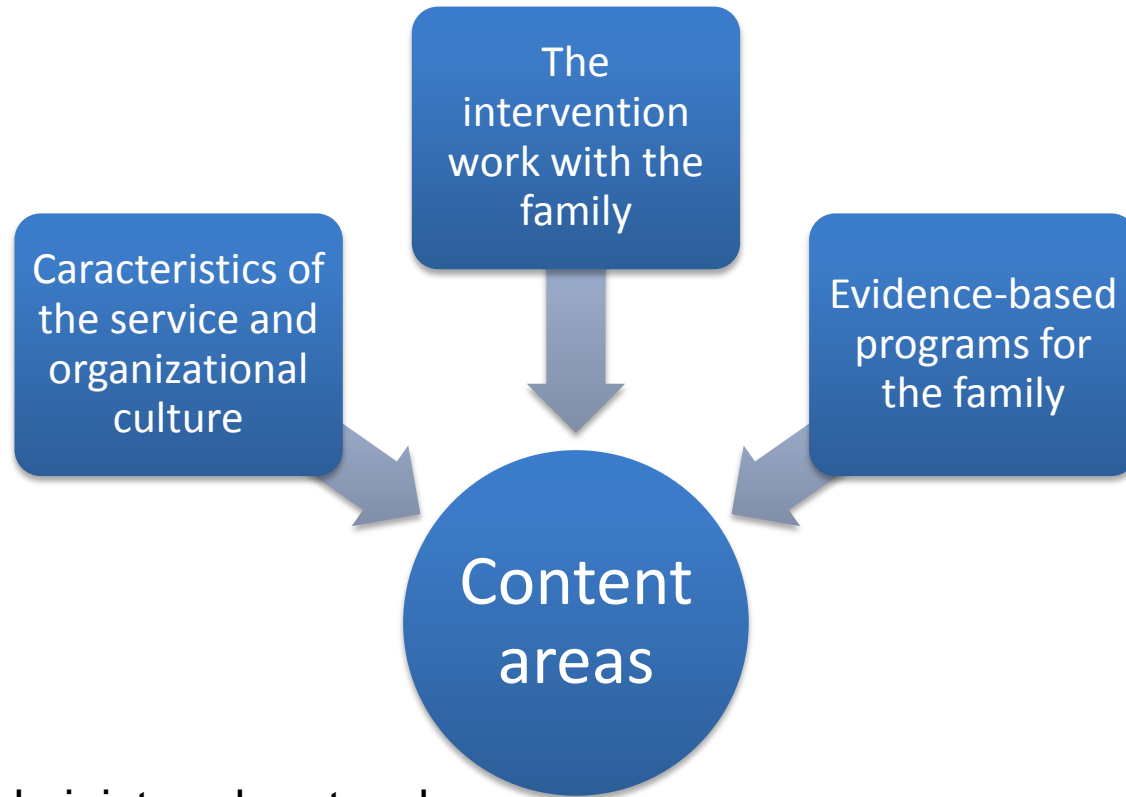
www.familiasenpositivo.es

Intranet for practitioners
and researchers

631 professionals inscribed

**A resource to support professional
practice with families**

Guide of best practices in positive parenting

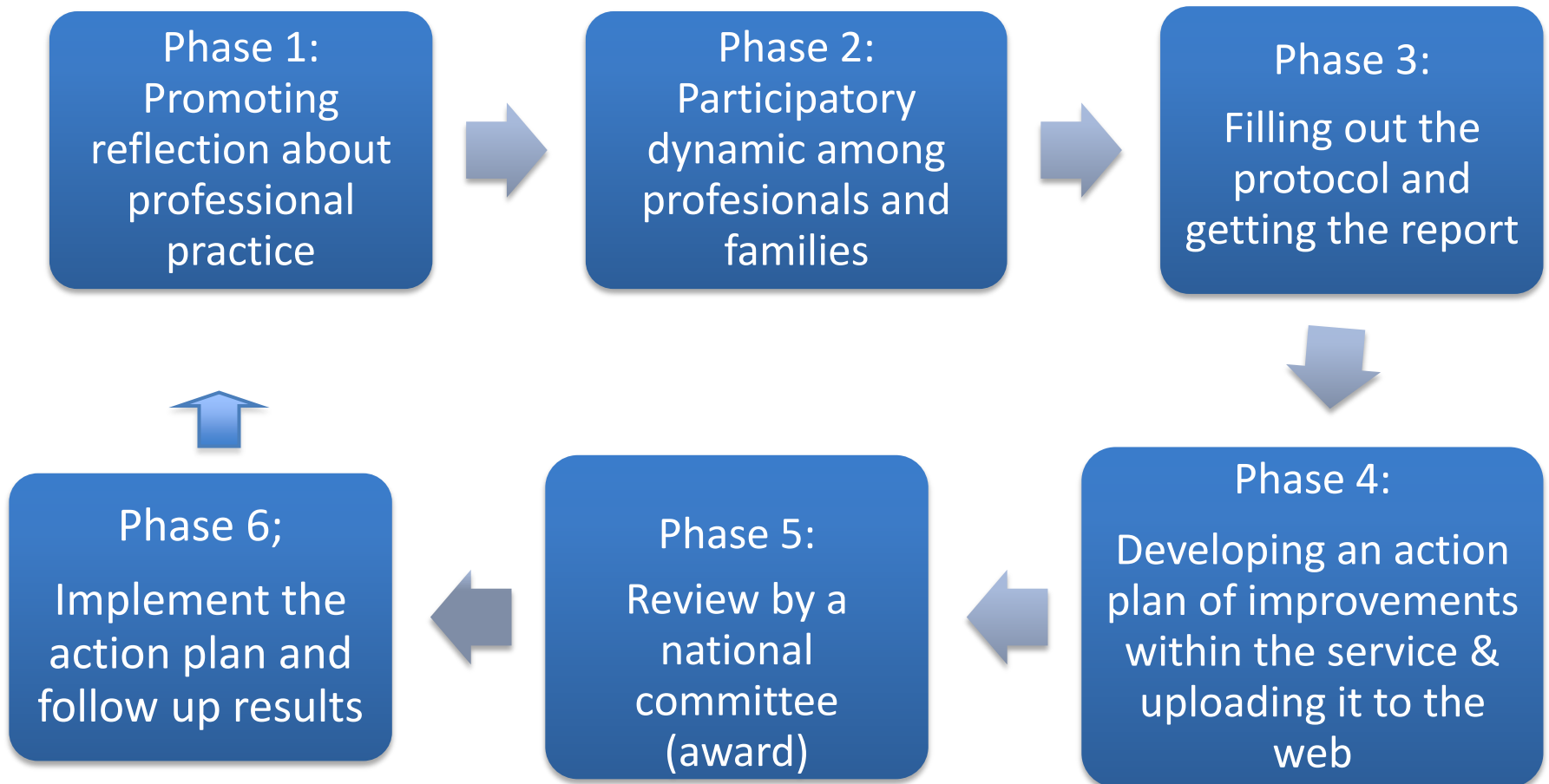


- ❖ Online self-administered protocol
- ❖ 25 best practices and indicators (0-4 Likert scale) fruit of the professional and researchers consensus (2 years project)
- ❖ Do not require external providers and additional funding

Examples

- **BP4. To follow a proactive strategy and not only a reactive strategy in the service.**
 - Indicator 1: Time is devoted to identifying the needs and strengths of families in the community
- **BP16. To seek the collaboration of the whole family to achieve a consensuated intervention with the family.**
 - Indicator 3: Time of the visits are adapted to guarantee the active participation of the father when it is convenient.
- **BP21. The program has scientific foundations and formulates clear, excluding and susceptible objectives to be measured.**
 - Indicator 4: In the design of the program, the objectives to be achieved are clearly formulated according to the needs and strengths detected.

A self-evaluation process to empower services for quality assurance



Training to the “seed group”



Peer training among professionals



Peer training among professionals



Transference of protocol

- Portugal
- Chile
- Colombia
- Brasil

Challenges

- Sustainability of the quality assurance process in the context of families-services partnerships to fully implement a culture of evaluation in the field of child and family services.
- Sustainability of the evidence-based parenting programs and their integration into the preventive network (social services, schools, health services, community services).
- To build on the initial merging of positive parenting initiatives into the child protection system (i.e., encourage the use of evidence-based preservation, reunification and foster care programs into the casework).
- To identify the professional competences needed to work with families under this preventive framework and to improve the training programs.



Thank you for your attention!