



YOUR FOSTER
FAMILY AND YOU

The

Family

This booklet was created by the Young People who participated in the Donegal Forum.

This booklet was inspired by their collective experiences of placement moves and the anxieties that these moves caused them.

C ATHRÚ A N G E

This booklet can be used to encourage conversations between Carers, Young People, and Social Workers.

IN THIS BOOKLET

1. Who's who

2. The house

3. The bedroom

4. The area

5. The school

6. The rules

This booklet is very important to help prepare a Young Person for a new placement. Please answer the questions in detail.

SUPPORTED BY

EPIC - Empowering People in Care

EPIC is a national organisation that works with and for Children who are currently living in care and those with care experience.

EPIC ensures that the voice of Children and Young People is heard in decisions that affect their lives and that they understand and know their rights.

Tusla - The Child & Family Agency

People who work with Tusla have to make sure that children are safe, healthy and happy. We work with families and our friends to make sure children live somewhere they always feel cared for and wanted.

Sometimes this happens in the family home. Sometimes it can happen in a children's home or a foster carer's home, depending on what is best for everyone. Our main job is to make sure children are safe and well.

CHAPTER 1: WHO'S WHO



What is the name of everyone in the house?

How old are they?

What are their hobbies and interests?

Do they work or do they go to school?

CHAPTER 1: WHO'S WHO



**Do you attend religious ceremonies?
If so, is it expected of me?**

Do you have any family traditions?

**Are there pets in your house?
Am I allowed to bring my own pet?**

Is there other foster children living in your home?

CHAPTER 2: THE HOUSE



How many rooms are there in the house?

Is there wifi? If so, is access limited?

Is there a garden or an outdoor space?

**Is food always available?
Can I make my own?**

Can you describe the house?

CHAPTER 2: THE HOUSE



PHOTO OF THE HOUSE

CHAPTER 3: THE BEDROOM



What is my room like?

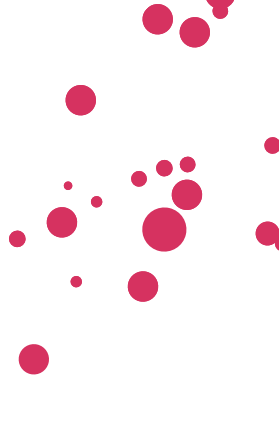
Can I decorate or paint the room myself?

Is it a single or a double room?

Can I choose the colour of the room?

Will I be sharing it?

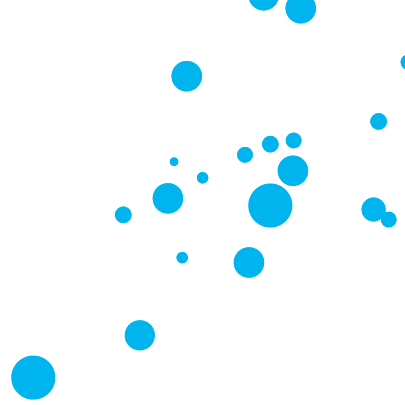
CHAPTER 3: THE BEDROOM



What furniture is there in the room?

Is a TV allowed in the bedroom?

CHAPTER 4: THE AREA



Is the house in the countryside or in a town?

What activities, sports clubs or youth clubs could I join?

CHAPTER 5: THE SCHOOL



Where is the school? Is it far from the house?

What is the name of my principal?

What is the uniform like? (Colours, skirts/trousers)

How will I get to school?

What time does school start and finish?

CHAPTER 6: THE RULES



What are the Top 5 house rules?

What are your expectations of me as a foster child?

How much pocket money will I receive?

Will I receive extra pocket money if I do chores?

CHAPTER 6: THE RULES



What are the consequences for good/bad behaviour?

Will I have free time for myself (to spend with friends for example)?

Can I go on overnights with friends or family?

Can I go to events like discos or school trips?

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empowering people in care

<https://www.epiconline.ie>

The
A T L A N T I C
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TUSLA

**An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency**

<https://www.tusla.ie>