

Your Local Services - North Eastern Region

Co. Louth - Dundalk	Co. Louth – Drogheda	Co. Meath	Co. Monaghan	Co. Cavan
Women's Aid Dundalk: Refuge/Support Service Tel: 042 933 3244	Drogheda Women's Refuge: Refuge/Support Service Tel: 041 984 4550	Meath Women's Refuge: Refuge/Support Service Tel: 046 902 2393	Tearmann Domestic Violence Services Tel: 047 72311	Tearmann Domestic Violence Services Tel: 047 72311
Legal Aid Board/Law Centre Tel: 042 933 0448	Legal Aid Board/Law Centre Tel: 041 983 6084	Legal Aid Board/Law Centre Tel: 046 907 2515	Legal Aid Board/Law Centre Tel: 047 84888	Legal Aid Board/Law Centre Tel: 049 433 1110
District Court Clerk Tel: 042 939 2350	District Court Clerk Tel: 041 983 8313	District Court Clerk Tel: 046 948 1250	District Court Clerk Tel: 047 81417	District Court Clerk Tel: 049 433 1585
Citizens Information Centre Tel: 042 932 9149	Citizens Information Centre Tel: 041 984 4508	Citizens Information Centre Tel: 1800 206 506	Citizens Information Centre Tel: 047 82622	Citizens Information Centre Tel: 049 433 2641
Garda Síochána: 999				
Rape Crisis and Sexual Abuse Centre North East Freephone 1800 212 122				
RIAN Counselling Service, HSE, for Adults Who have Experienced Childhood Abuse Freephone 1800 234 117				

Domestic Violence

Sexual Violence

Important Information for Women *in the North Eastern Region*



DEPARTMENT OF JUSTICE, EQUALITY AND LAW REFORM
AN ROINN DLÍ AGUS CIRI, COMHIONANNAIS AGUS ATHCHÓIRTHE DLÍ



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

**NATIONAL STEERING COMMITTEE ON
VIOLENCE AGAINST WOMEN**

If you are experiencing violence there is help available

It is not just about being physically abused. Violence can go well beyond this. It can include harassment and humiliation, emotional and sexual abuse, rape, coercion, stalking, being continuously put down or criticised and having restricted freedom and isolation from family and friends.

End the Abuse

Thousands of women in Ireland are experiencing violence. Recent surveys on violence against women showed that:

- 15% of women have experienced severely abusive behaviour of a physical, sexual or emotional nature from a partner at some time in their lives.
- 9% experienced physical violence.
- 8% sexual abuse and 8% severe emotional abuse.
- Multiple forms of abuse were common.
- Among women attending maternity services 12.5% experienced abuse during pregnancy.

End the Silence

Recent surveys show:

- Only 10% of rape and sexual assault cases are ever reported.
- 28% of women raped by strangers reported to Gardaí.
- Only 5% of those raped by relatives or boyfriends reported to Gardaí.
- 80% of rape cases are perpetrated by someone the woman knows.

In 2003, 2,813 women sought emergency refuge accommodation.

In 2005, Women's Aid received 25,843 calls to their National Domestic Violence Helpline.

If you are experiencing violence there is help available.

You will not be told what to do.

You will be shown the options available to you.

It's your life and your decision.

National services

Ambulance Service
Tel. 999/112

Garda Síochána (24 hours)
Tel. 999/112

Or your local Garda Station

Dublin Rape Crisis Centre
National Helpline (24 hours)
Tel. 1800 778888

Women's Aid Helpline
(10am to 10pm)
Tel. 1800 341900

Your local services

A comprehensive range of local services are available to you should you need them. Information and support is available on many of the following areas:

- Domestic violence
- Rape and sexual assault
- Adult survivors of child abuse
- Crisis accommodation and refuges
- Empowerment and women's rights

Contact details are overleaf.