

**TÚSLA**

An Ghníomhaireacht um  
Leanaí agus an Teaghlach  
Child and Family Agency



**Barnardos**

# Barnardos Post Adoption Adult Service



Contact us via:

Email: [adoption@barnardos.ie](mailto:adoption@barnardos.ie)

Our centre:

**DUBLIN**

23/24 Buckingham Street Lower, Dublin 1

Tel: (01) 813 4100

Our National Post Adoption  
Helpline:

Tuesdays and Thursdays, 10am – 1pm

Tel: 00 353 (1) 454 6388

Barnardos mission is to help transform children's lives through our services; support parents; and challenge society where it fails children.

Registered Charity No. 20010027

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**Barnardos**

[www.barnardos.ie](http://www.barnardos.ie)

Barnardos has provided a service to adopted people and to birth and adoptive families since 1977. This service has recently been extended to include a therapeutic service to adults who were incorrectly registered at birth and to their families.

The service is aware of the particular need for privacy and sensitivity in our response to this client group.

The service is also available generally to adults who have been impacted by adoption and who are referred to Barnardos by TUSLA.

Barnardos Post Adoption Service is funded by TUSLA the Child and Family Agency.

## Testimonials

“ it's good to be able to say things out in the open – it feels like there are a billion and one thoughts going round my head. ”

– Teresa, who recently discovered that her birth was incorrectly registered

“ I really want to thank you for the support, it is invaluable at the moment and means everything to me. ”

– John, an incorrectly registered adult.

“ Sometimes I think that people I talk to don't fully understand what it's like to have to meet your son after all these years – so it's good to be able to use this time to explore it a bit more. ”

– Mary, a birth mother

“ I found the session immensely useful – the outpouring of emotion was a surprise but a great release for me. I received great support and left Barnardos feeling hugely better than when I arrived. ”

– Michael, who had a complex outcome to his search for birth family

## What services are provided?

- Individual therapeutic sessions for adults whose births were incorrectly registered and to their family members

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- Individual therapeutic sessions for adopted adults and birth family members on referral from TUSLA

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- Group support to birth mothers and adopted adults

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- A national confidential and professionally staffed helpline

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- An email advisory service – [adoption@barnardos.ie](mailto:adoption@barnardos.ie)

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Informal enquiries to the Barnardos Post Adoption team at (01) 813 4100 are very welcome.