Local Prevention, Partnership and Family Support Services:

Dublin Mid-Leinster
- Dublin South Central 01 620 6497
- Dublin South East/Wicklow 040 460718
- Kildare/West Wicklow 01 468 6200
- Midlands 090 644 7035

Dublin North East
- Cavan/Monaghan 049 437 7305/6
- Dublin North City 01 882 3461
- North Dublin 01 897 6883
- Louth/Meath 041 987 5297

South
- Carlow/Kilkenny/ South Tipperary 052 617 7311
- Cork 052 617 6687
- Kerry 066 719 5793
- Waterford/Wexford 051 842948

West
- Donegal 074 912 3783
- Galway/Roscommon 091 548496
- Mayo 094 904 2472
- Midwest 061 483392
- Sligo/Leitrim/West Cavan 071 915 5139

For more information contact:
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Email: parenting24seven@tusla.ie
Tusla Parenting Support Strategy

Tusla is committed to providing high quality supports and services to children and their families at the earliest opportunity across all levels of need. Providing help to children and families at an early stage can prevent situations getting worse. We know that if we invest in early support services we can keep many children safe from harm. Working in partnership is a very important aspect of this work. We aim to work closely with families, other agencies and professionals so that we can respond quickly to the needs of children. Early identification and provision of help at community level is in children’s best interests.

Supporting Parents to Improve Outcomes for Children

The purpose of the Parenting Support Strategy is to ensure that there are appropriate supports and services available to parents within their community and that these services are accessible and friendly.

Supports will be available to parents at all stages of their children’s development, from birth to the teenage years and beyond when needed. It is hoped, in this way, to encourage a partnership approach to improving outcomes for children and families.

What do we mean by Parenting Support?

Parenting Support is both a way of working and a set of activities that provides information, advice and assistance to parents and carers about bringing up their children, so that these children will reach their full potential.

Examples of Parenting Supports include parent and toddler groups, home-based, group-based and school-based parenting programmes and Meitheal.

Action Plan

Delivery of the Parenting Support Strategy will be through four main goals as follows:

1. Parenting Support will be an important part of the work of Tusla and parenting supports and services will be included in all plans for children and families in all areas.

2. We will use the best evidence we have about what works for parents and families when we are thinking about and delivering supports and services.

3. Parenting supports and services will be available in all areas, at all stages of the lifecourse and at all levels of need.

4. Parents using the supports and services will experience them as being friendly and accessible.