



Supporting documentation for adults
assisting children in care (8-12) to
complete a Care Plan Review form

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The Care Plan Review form for children in care aged 8-12 is written and designed in a way to be child-friendly, easy to read and as short as possible so as to engage the child. This supporting documentation outlines some of the areas that may also need to be explored and documented when assisting the child in care to complete their form.

The Care Plan Review form for the child is outlined in the left column and the sample further areas to address/be aware of (as appropriate and relevant) are outlined in the right column.

Headings & questions on child's form

Sample areas to address/be aware of

ALL ABOUT YOU

- * **Your Name:**
- * **Where are you from?**
- * **What are your favourite things e.g. food/TV programme/hobby?**

- * Start with what you know about e.g. favourite things/interests;
- * Mention any achievements that you know about e.g. I heard you played really well in your soccer game!
- * Diverse Cultures & Ethnic Backgrounds (where applicable);
 - ? Are there any foods you miss eating? Would you like the people who care for you to learn how to cook some of the foods from your culture/country?
 - ? Is there anything else about where you are from that you miss or need?
- * Special requirements e.g. Hair or skin care products.

NOTES

WHERE YOU LIVE

- * **What do you like about the house you are living in now?**
- * **Is there anything that you do not like about the house you are living in now?**

- ? Are you looked after well where you live?
- ? Are you looked after the same as the other children who live there?
- ? What type of food do you get to eat? Do you get enough to eat?
- ? Do you have somewhere to put your special things e.g. photographs?
- * If the child feels that they have a voice/can speak up at home e.g.
 - ? Do you feel able to talk to your Foster Parents/Social Worker/Key Worker etc.
 - ? If you had a problem when you are in care, who would you talk to?

NOTES

YOUR FAMILY

- * How often do you get to see your family?
- * How long are your visits?
- * Do you get to see everyone you want to see?
- * Do you like the place where you meet them or would you like to change it?
- * Is there anything else you want to say about your family?

- * Enquire about all family members e.g. parents, grandparents, siblings, aunts & uncles;
- ? Enquire about safety of visits e.g. Do you feel safe when you are visiting your family?

NOTES

YOUR FAMILY OUTSIDE IRELAND (if you have family outside Ireland)

- * How often do you get to talk to your family outside Ireland?
- * Do you get to talk to everyone you want to talk to?
- * Is there anything else you want to say about your family outside Ireland?

- * Enquire about all family members e.g. parents, grandparents, siblings, aunts & uncles;
- ? Enquire about safety of visits e.g. Do you feel safe when you are visiting your family?
- * Subtly explore possibility of visiting family members who live relatively close by e.g. UK.

NOTES

YOUR FRIENDS

- * Who are your best friends?
- * Are all of your friends nice?
- * Can you hang out with friends at your house?
- * Can you go on sleepovers/ have friends sleep over at your house?

Check if:

- * Child has friends/has made new friends (if in new location);
- * Child is still able to see old friends (if in new location);
- * Friends are suitable and not bullying child.

NOTES

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SCHOOL*

- * **How are you getting on in school?**
- * **What are your favourite subjects?**
- * **Do you have enough help with your homework or do you need more help?**
- * **Is there anything you need help with in school?**

- * Be aware that the child may not like school/go to school regularly;
- * Do you have enough help with your homework or do you need more help?

NOTES

LOOKING AFTER YOURSELF

- * **Do you feel healthy?**
- * **Is there anywhere you don't feel safe or feel bullied?**
- * **Who do you talk to if you have a problem or are feeling upset?**
- * **Is there anything worrying you that you would like to talk about now?**

- * Mental Health & Wellbeing;
 - ? Bullying e.g. Have you ever been bullied?
 - ? Medical Issues, GP, Medical Card e.g. Do you feel healthy?
- * Dentist;
- * Suitability of the person the young person speaks to if upset/worried.

NOTES

YOUR SOCIAL WORKER

- * **What is your Social Worker's name?**
- * **Do you like your Social Worker?**
- * **Do you see your Social Worker enough?**
- * **Is there anything you would like your Social Worker to help you with?**

- * Relationship with Social Worker;
- * Relationship with other professionals that they are in contact with through the care system e.g. GALs, Extern, YAP, JLO, Speech & Language, OT.

NOTES

There are no questions for the child on their future. However, you may need to explore adoption and re-unification, where appropriate.

RE-UNIFICATION AND ADOPTION

- * Re-unification with their family (where appropriate – Social Worker to advise);
- * Adoption (where appropriate – Social Worker to advise).

NOTES

YOUR CHILD IN CARE REVIEW MEETING

* Do you want to go to the meeting? (You can ask someone you choose to go for you and say what you want to say)

YES / NO

* What would you like to say/get someone to say at the Review meeting?

* Would you like somebody else to say that for you? If yes, who would you like to say that for you?

* Are you happy for people at the review meeting to hear what you have written down on this form? YES / NO

* Child in Care Review meeting;

* Preparation for Child in Care Review meeting and who the child wants to support them;

* Explore if there is any specific information that the young person wants people at the review to hear or any information that they do NOT want people to hear. Communicate same to Social Worker.

NOTES

YOUR SPACE

* Is there anything else that you want to talk about now?

* Is there anything else you want to tell me about yourself?

* Anything that has not come up as part of the other questioning but that you think might be important;

* Bullying;

* Anything that the child is anxious about;

* Anything that the child is proud of/is good in their life.

NOTES

Signature:

Date: