

# TEN

things you  
could do today!

**TÚSLA**  
An Ghníomhaireacht um  
Leanaí agus an Teaghlach  
Child and Family Agency

- 1 Use these cards to help explain [feelings](#)
- 2 Check out this football themed [resources](#)
- 3 See what you can spot in the African Bush with [Africam](#)
- 4 Catch up with David Walliams [Elevenuses](#)
- 5 Join [flamingo chicks](#) or [stop gap](#) for inclusive dancing
- 6 Explore Ancient Pharaoh [Ramesses VI Tomb](#)
- 7 Find child friendly resources for [children's mental health](#)
- 8 Create art for [The International Museum of Children's Art](#)
- 9 Play some money topic games with [Money Sense](#)
- 10 Fill in these sentences for your [self-esteem](#)

